

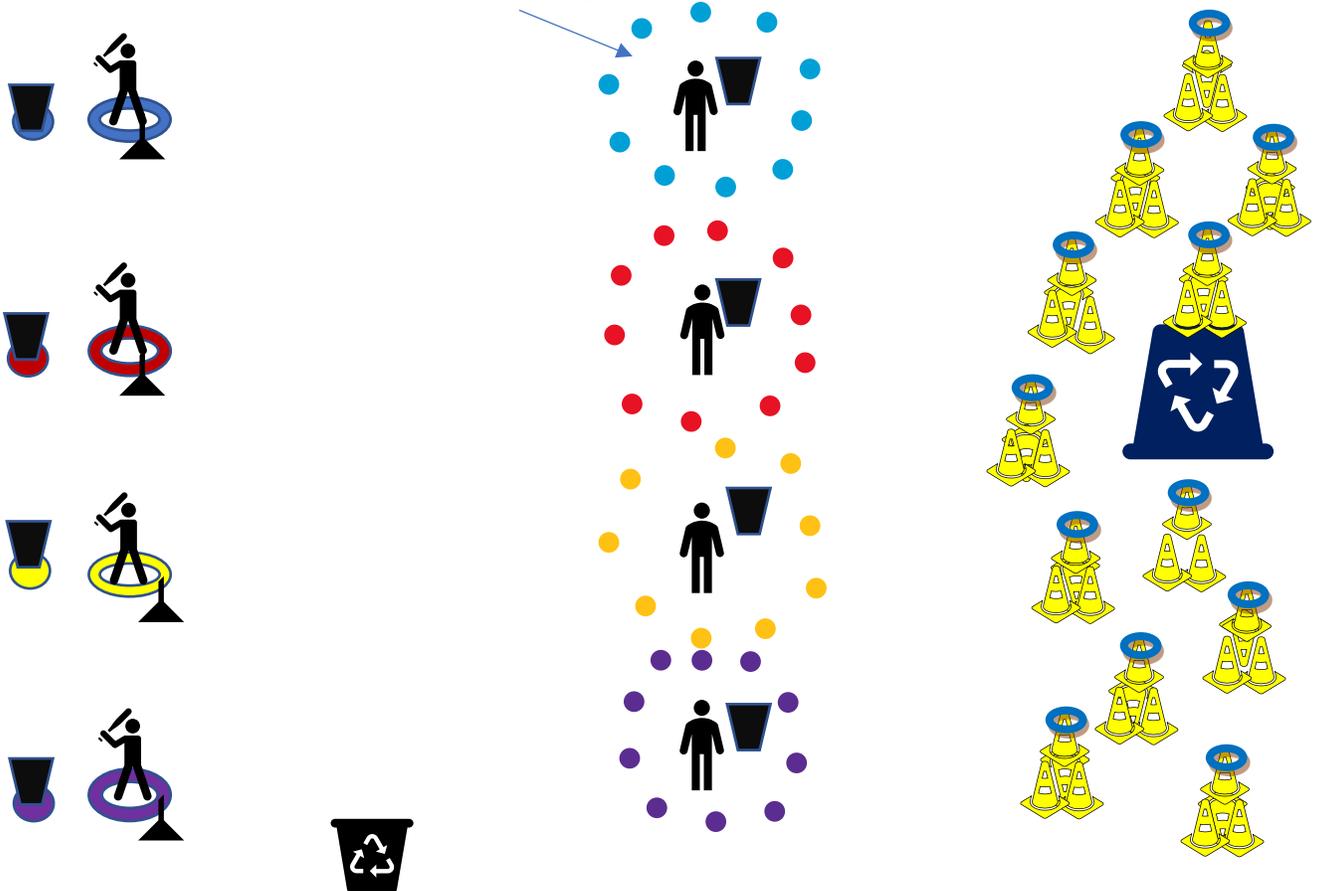
Aladdin's Wishes

Purpose: Hitting

Equipment: 1 Baseball tee/Kids, Large Bucket/Kid, 4 extra large buckets and four cones, 7 Whiffle Balls/Kid (one of each color), Hula Hoops/Kid, 30 Cones, Colored Spot/Tee, 4 Javelins

Set Up:

- Create Aladdin's magic carpets (discs)
- Set-up Baseball Tee's parallel to Aladdin's magic carpets
- Put Hula Hoop next to each Tee for the kids to stand in. The side of the Tee will depend on whether the child is Righty or Lefty.
- Put a matching colored spot behind each Tee for the kids to put their bucket full of Whiffle Balls on their spot.
- Put 2 rows of tape in the middle of each hula hoop to show where the kids feet go.
- Put an empty bucket in each of Aladdin's magic carpet.
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TOT/PRESCHOOL BASEBALL (AGES 3-5) ACTIVITY REFERENCE GUIDE



Execution:

1. Have each child stand in their Hula Hoop (The Genies). Coach holds on to Javelins until 3 wishes are made by child.
2. Review the correct way to hold and swing a baseball bat
3. Tell the Genies that they will need three wishes (whiffle balls) to land in the circle for Aladdin to knocked down Jaffar's Castle.
4. Give each kid their Baseball Bat and have them show you your ready position
5. Make sure the kids understand they must stay in their Hula Hoops at all times. Tell them you will collect all of the Baseball's at the end
6. Coach tells all the kids to "GRAB YOUR RED BALL AND PUT IT ON THE TEE".
7. Once all kids have balanced their ball on the tee and are in the correct batting stance, coach blows his/her whistle and all of the kids hit the ball towards the magic carpet (circle of disks). Kids should shout out "I got a wish!" every time they make a ball into the magic carpet area.
8. Coaches walk around to work on hitting technique.
9. Once three wishes are made, Aladdin (kids in the circle of discs) get javelins from the coach and prepare to hit Jaffar's castle.
 - a. Kids get one swing to hit Jaffar's castle
10. Coach calls "Easter egg hunt" and the kids grab their buckets and fill their bucket with 7 Whiffle Balls (one of each color). Then put their bucket back down on their spot.
11. Then kids switch roles and do it over again.
12. Continue as time permits. Reinforce technique, Storyline Flow, and Encouragement/Praise throughout.
13. Recap Hitting and when/why it is used in Baseball.