

BASEBALL CAMP (AGES 6-11) ACTIVITY REFENCE GUIDE



Angry Birds

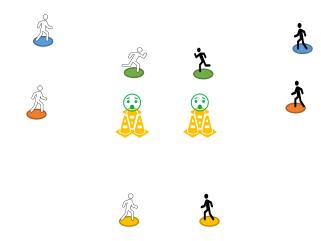
Purpose: Throwing

Equipment: Hula Hoop, Cones, Dodgeball, Baseballs, Colored Spots

Set Up: Each team needs to create their Piggy Tower in their Hula Hoop.

- Put 6 Cones down in a triangle shape
- Put 3 cones upside down in gaps***This is the key
- o Put 3 cones right-side up on top of upside down cones.
- o Put 1 cones upside down in gaps
- o Dodgeball (piggy) on the upside-down cone

Put 1 colored spot down about 5' in front of the piggy tower to serve as the Sling Shot.



Execution:

- Have 1 player start with the ball on the slingshot (Green). 1 player stands behind the piggy tower (Yellow). The rest of the players line-up on their teams' sideline between the piggy tower and the sling shot (Red & Blue).
- On the coaches whistle the game begins. The person on the slingshot throws the ball at the piggy tower.
- IF THEY MISS the person behind the tower gets the ball. Passes it to the first person on the sideline. That person passes it to the next person on the sideline all the way to the end. Every person must touch the ball. When the ball gets to the end they rotate positions. End sideline goes to slingshot. Slingshot goes behind tower. Behind tower goes to sideline. Sideline scoots down 1 spot.
- IF THEY KNOCK OVER THE PIGGY TOWER: the person behind the tower must rebuild the tower. The coach moves the slingshot back to level 2. Every else continues the same as listed above. Pass the ball down the sideline and rotate positions
- The first team to complete level 6, or whatever team gets the furthest when time expires, wins the game!

Comments:

Baseballs are more dangerous than most sports balls so you need to spread out more than other Angry Bird sport
variations. Make sure the person behind the tower is not so close that they can get hit by the ball. SAFETY
FIRST!!!