

TOT/PRESCHOOL SOCCER (AGES 3-5) ACTIVITY REFENCE GUIDE



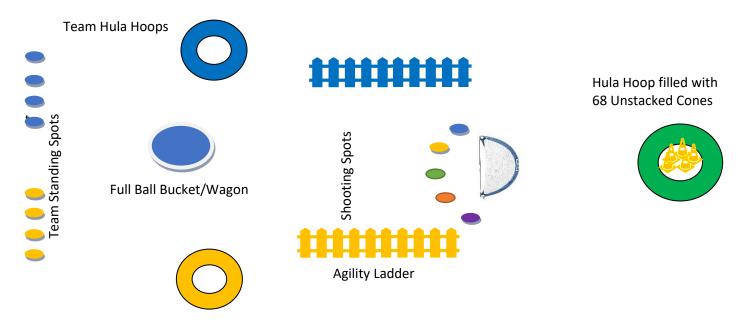
BB8 vs. R2D2 Challenge (Tot Edition)

Purpose: Shooting

Equipment: Cones, spots, hula hoops, Pugg Goals, Soccer balls

Set Up: (see diagram below)

- Break kids into camp teams and assign each team to a hula hoop (Blue Team R2D2 and Orange Team BB8)). Put standing spots behind the hoop to show the kids where to stand
- Approx. 100' away puts 28 cones inside a Green Hula Hoop.
- Set-up the course so the Pugg Goal is horizontal in the middle. Put a shooting spot out for each team.



Execution:

- Coach starts by showing all the players how to build a Giant Rebel Star Ship (see comments)
- Coach then has all players stand on their team's starting spots/tape line
- Put a cart filled with Soccer Ball between the two teams
- Review/demonstrate proper shooting
- Narrate storyline The Blue Team is R2D2. The Orange Team is BB8. They have to build a spaceship for their Jedi's (Luke and Rey). The cones in the far hoop/bucket are the scraps they need to build the spaceships, but Kilo-Ren has put up and invisible forcefield between the hoop and the scraps. The only way to put down the force field is to shoot the Ball in the net to score a GOAL. This will give you 10-seconds to grab the cones and get back to your team's ladder which will take you back to your team's home base.
- Coach calls player from each team. They grab a ball and dribble up to one of the rainbows shooting spots
- Coach tells the player(s) what color to stand on and they trap the ball on that color spot. They then try to kick the ball into the net.
- If they make it they get to pass the force field and grab 2-cones out of the large Hula Hoop/Bucket with the scrap Cones. They then march up the ladder and put the cone in their teams Hula Hoop, then get back in line.
- If they miss Have them grab the ball and try again.
- Once all the cones have been collected, the coaches help the kids build the StarShips (See Below).



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- Build the StarShips in front of each team's standing spots/tape. Have the kids grab 1-cone and bring it to you. Then tell them where to put it down, carefully!!!
- Once both teams have completed their StarShips, have each player grab a ball and stand in their team line. On coaches whistle, both teams kick the ball and knock-over the starships. Then have them help you clean them up and get ready for the next station.

<u>Advanced Variation:</u> Players only get 1-chance to make the shot. If they make it, the force field is down, and they can grab the cones. If they miss, they must dribble back and give the balls to the next players in line.

Comments:

- between the hoop and the cones for them to deposit the ball in before grabbing the cones.
- How to build a Rebel Star Ship:
 - o Build a 9-cone triangle base
 - Put 4-cones upside down in the gaps
 - Stand 4-cones on top of the upside-down cones
 - o Put 1 cone upside down in the gap
 - o Put 1 cone on top
 - o Put two cones on either side of the base to be the wings.