

MINI-HAWK BASEBALL CAMP (AGES 4-6) ACTIVITY REFERCE GUIDE

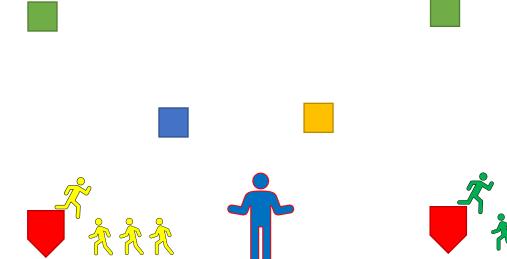


Home Run Relay Race

Purpose: Base-Running

Equipment: 2-sets of colored Bases/Spots or Tape

<u>Set-up</u>: 2-sets of bases with standing line for players.



Execution:

- Break players into two teams and assign each team to a set of bases
- Have them stand on standing spots/standing line, to the right of home plats
- Give the first player in each line a baton.
- On coaches whistle that players runs around all the bases for a home run and hands the baton off to the next player who does the same.
- Continue until all players have gone around the bases and are back in their original formation
- First team to finish wins (but not really)