



TOT BASEBALL (AGES 3-5) ACTIVITY REFERENCE GUIDE



Paw Patrol (Tot Baseball Edition)

Purpose: Throwing, Catching (Defensive Variation)

Equipment: Bulls-Eye Target, SNAG Balls, SNAG Gloves, Colored Spots, Tape, Agility Ladder

Set Up: Set-up team shooting spot in front of a tape line for each team. Off to the side, put down an agility ladder for each team to serve as the team jail. Prop up an agility ladder at an age appropriate distance from the Shooting Spots



Execution:

- All players start in their Team Line. Coach puts a bucket filled with SNAG Balls between the 2 team-lines
- Coach has the first person in the Red Line grab a Ball out of the bucket and throw it at the target.
- **IF THE BALL HITS THE SNAG TARGET:** They are still in the game and go to the back of their team line.
- **IF THE BALL DOESN'T HIT THE SNAG TARGET:** They are out, and Chase take them to Jail. The Jails are the agility ladder's, so each player stands in a square).
- Coach then give has the first player in the Blue Line grab a pass and throw it at the target
- If a player on a team hits the Bulls-Eye Target, it is a Jail Break and everyone on that team comes back into the game.
- Once a team has everyone in jail, the game is over, and the other team wins the round.
- If the games are taking too long, change it so players need to make 2-shots for a Jail Break (not in a row). Then 3 and so on.

Variation: W/ Defensive Drills – The coach has the Bucket filled with balls. Coach put a Baseball glove in the front of each line. The next person up puts the glove on, and the coach tosses them a ball. Do one round of Line-Drives, then Pop-Flyers, then Ground Balls. This is good practice the have the players practice putting their gloves on correctly.

Comments:

- When doing this game with the Tots, it is important to make going to Jail/Jailbreak's fun and not scary. It is not a punishment and they can come back in the game if their teammate helps them out.
- I recommend having the coach go first and intentionally miss so the players can see jail is not scary.