

TOT/PRESCHOOL SOCCER (AGES 3-5) ACTIVITY REFENCE GUIDE

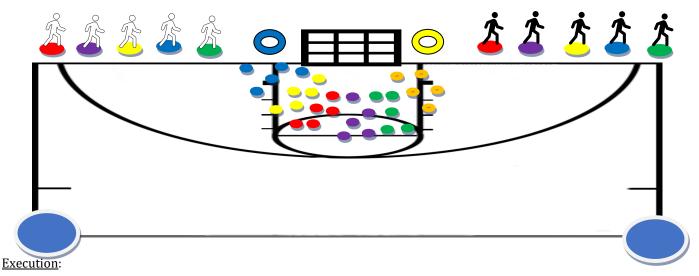


Pokémon (Tot Soccer Edition)

Purpose: shooting

Equipment: Pugg Goal, large spots, small spots, hula hoops, Soccer Balls

<u>Set Up</u>: Place the Pugg Goal hoop on the baseline. Place 4-6 spots of each color in a semi-circle around the basket from an age appropriate distance. The spots are pokemon. Place a standing spot on the Baseline. For 1-group, put all of the spots on one side of the basket. For 2-groups, place half on either side. Put a colored hula hoop next to each groups standing spots, between the spots and the hoops. Put a large bucket filled with Soccer Balls across from each group around half-court. If you don't have a large bucket, use another Hula Hoop.,



- Tell the kids that as a team we must catch the pokemon and put them in the Pokemon net (Hula Hoop)
- Have two players go at a time.
- The two players grab a ball and choose what pokemon they want to catch
- To catch a pokemon, a player must put the ball on the Pokemon, and kick the ball into the net.
- If they make the ball in the net, they grab their pokemon and put it in the hula hoop.
- If they miss, they either try from another color Pokemon.
- Once player has put the Pokemon in the net, the coach calls the next player(s)
- Go until all the pokemon are gone, or time expires and then count-up how many pokemon of each color the group collected.

<u>Comments:</u> Use fun frog names for each color spot:

- Green Bulbasaur
- Blue Snorlax
- Purple Gengar
- Yellow Pikachu
- Red Charmander
- Orange Charizard