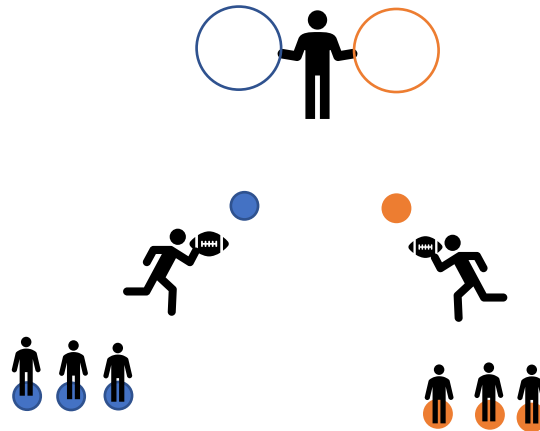


Quidditch Relay Race

Purpose: Throwing, Teamwork

Equipment: Colored Spots, 2 Footballs, 2-Hula Hoops.

Set Up: Set-up two horizontal lines of colored spots for the kids to stand on. 10 to 15 yards downfield, have the coach stand with 2-hula hoops. Place 2 throwing spots (one per team) between the coach and the team lines at an age appropriate distance.



Execution:

1. Narrate Storyline – Quidditch is a sport from Harry Potter where players fly around and broomsticks and try to throw the ball through a Hoop.
2. The Football is the Baton. The player with the Baton needs to run down to their team throwing spot, throw the ball through the hoop, retrieve their ball, run back to their team line, and hand the ball to the next person in line:
 - a. If they succeed in throwing the ball through the hoop, they get 1-point for their team, they then grab the ball, run back to their team line and hand the ball off (Using correct hand-off form).
 - b. If they do not get the ball through the hoop, they do not get the point. They still grab the ball, run back to their team line and hand the ball off.
3. The next player then does the same thing down and back
4. The first team score 10-points wins
5. Move the throwing spot back and continue as time permits

Variation

- Throw until you make it – If the player misses the hoop, they retrieve their ball, GO BACK TO THE THROWING SPOT, and try again. They get 3-chances to try to get the point. If they miss all 3, they give the ball to the next person in line without getting a point.