



# VOLLEYBALL CAMP (AGES 6-11)

## ACTIVITY REFERENCE GUIDE

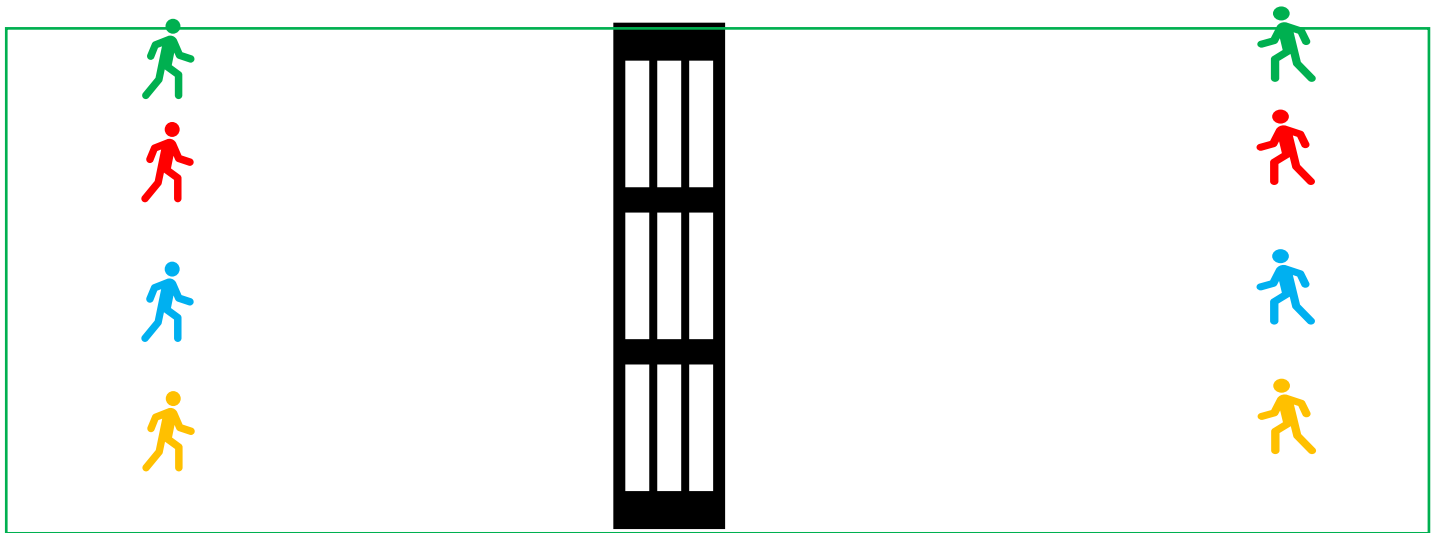


### Serve with a Partner

Purpose: Serving

Equipment: Volleyballs, Volleyball Net

Set Up: Pair players up and have them stand on opposite sides of the Volleyball Net.



### Execution:

- Give the ball to one side of the net
- On coaches whistle, that side serves the Ball over the Net.
- Continue back and forth as time permits
- Coach walks around and works with player form/technique.