



SOCCER GAMES (AGES 6-11)

ACTIVITY REFERENCE GUIDE

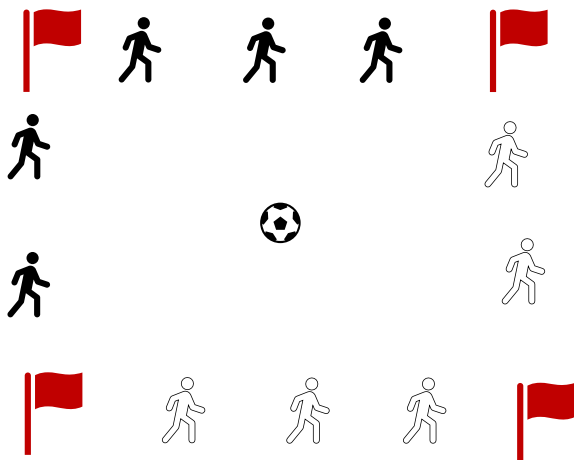


Square Soccer

Purpose: Shooting, Ball Control

Equipment: Soccer Ball, 4 Flags

Set Up: Use the 4 cones to create a square. Break players into 4 teams and assign 1 team between each set of flags.



Execution:

1. Have players stand between their flags. Assign each player a number.
2. Let the players know that they have to try to shoot the ball between the other team's goals (2-flags), while protecting their own. If a team gets the ball scored on them they lose 1-life. Once a team has run out of all 5-lives, the game is over and the other team's get 1-point for every life remaining
3. Coach puts the ball in the middle and calls a number.
4. The players with that number are allowed to go into the middle of the square and try to score on one of the other teams.
5. Everyone else must spread out and play goalie
6. Goalie's can use their hands but cannot leave the goal-line or score a goal themselves.
7. If a ball goes over a players head, it is too high and does not count as a goal.
8. Continue as time permits.

Variation: Crab Soccer – Same rules but everyone must stay in the crab position with their hands on the ground.