



VOLLEYBALL CAMP (AGES 6-11)

ACTIVITY REFERENCE GUIDE

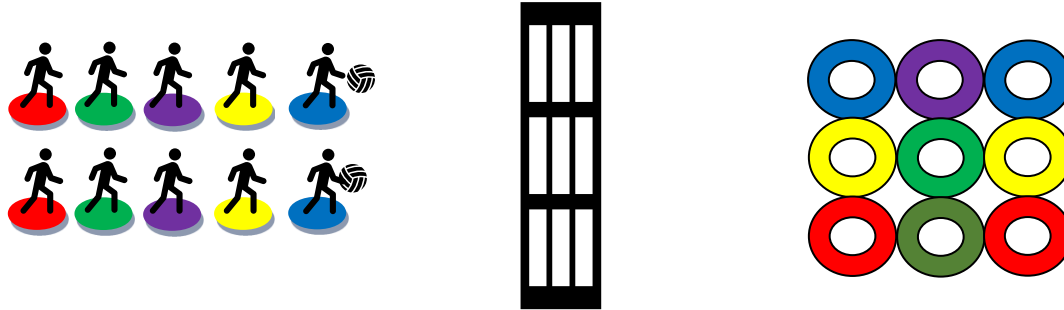


Tic, Tac, Toe Volleyball

Purpose: Serving, Hitting/Spiking

Equipment: Colored Spots, Hula Hoops, Volleyballs

Set Up: Break players into team's and have each team stand in a vertical line behind their teams serving spot. On the other side of the net, create a Tic, Tac, Toe grid in the middle of the court.



Execution:

- The goal of the game is to try to get Tic, Tac, Toe (3-in a row)
- Have players stand in their team lines
- Coach give the ball to the first player in each team line
- Coach calls a player's name and that player serves the ball and tries to get it to land in one of the Hula Hoops. Make sure you go one player at a time.
- **IF THE BALL LANDS IN THE HULA HOOP:** the coach puts a that team's colored spot (i.e. RED) in the Hula Hoop. That team now owns the Hula Hoop.
- Coach then calls the next player in the other team who serves the ball.
- **IF THE BALL DOES NOT LAND INSIDE THE HULA HOOP:** Nothing happens. Call next players name
- **If the ball lands in a Hula Hoop that currently has the other team's colored spot in it:** They just stole the hoop from the other team (i.e. Red spot become Blue Spot)
- First team to get Tic, Tac, Toe wins points for their team.
- Move the Tic, Tac, Toe Grid and continue as time permits.

Execution:

- Serving Edition: - AS SHOWN ABOVE - players start with the ball and serve it over the net and try to get Tic Tac Toe.
- Hitting/Spiking Edition: - Coach starts with the ball and sets it to each player. The players Hit/Spike the ball over the net and try to get Tic Tac Toe.
- Setting Edition: - Coach starts with the ball and passes it to each player. The players SET the ball and try to get it to land in one of the Hula Hula Hoops. NO VOLLEYBALL NET IS NEEDED IN THIS VARIATION. The Hula Hoops should be on the same side of the net as the players since you don't set over the net.