



MINI-HAWK SOCCER (AGES 4-6) ACTIVITY REFERENCE GUIDE

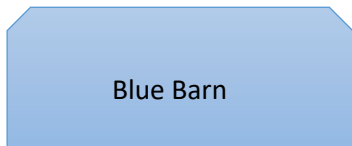
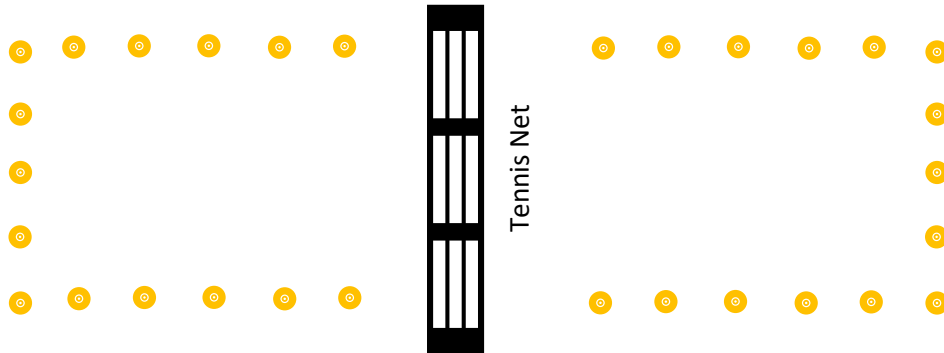


Woody's Round-Up

Purpose: dribbling, ball control

Equipment: colored disks, soccer balls, Soccer Goals

Set Up: The Field Markers from Get Out Of My Yard will become your Yellow Barn. Approx. 30' away, use the red disks to create the Red Barn. Put a Soccer Goal in the Red Barn. Approx. 30' away in another direction, use the blue disks to create the Blue Barn. Put a Soccer Goal in the Blue Barn.



Blue Barn



Red Barn

Execution:

1. Coach and players start at their Yellow Barn, filled with the Soccer Balls (Cows)
2. Assign 1-team to be the blue cowboys/cowgirls, and the other team to be the red cowboys/cowgirls
3. On coaches whistle, the Blue team is going to move the soccer balls (cows) to the goal in the Blue Barn. The Red team is going to do the same with the goal in the Red Barn.
4. The players can only use their feet, and can only take 1 ball at a time
5. Only the cows are allowed in the Blue/Red Barns, so the players must stay outside the circle and kick the ball into the net to score the point. If they miss, they must bring the ball back outside the barn and try again.
6. After they successfully get the cow in the barn goal, they run back to the Yellow Barn and grab their next cow.
7. Continue as time permits, then have them see what team can get their cows back to the Yellow Barn the fastest.