



BASEBALL CAMP (AGES 6-11)

ACTIVITY REFERENCE GUIDE

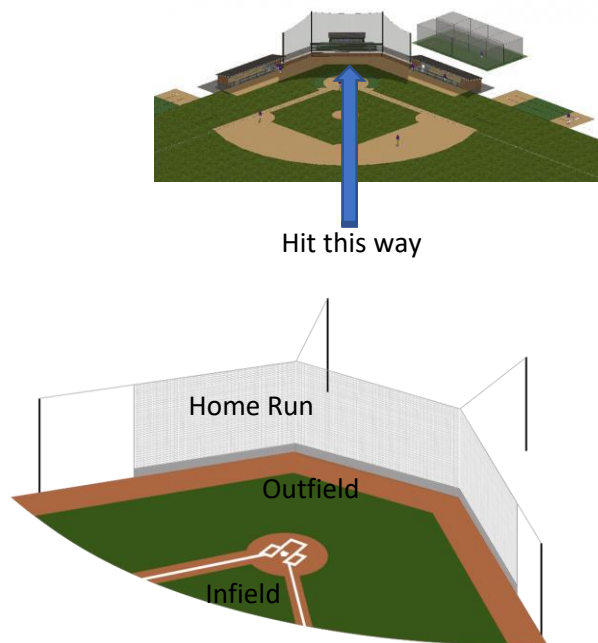
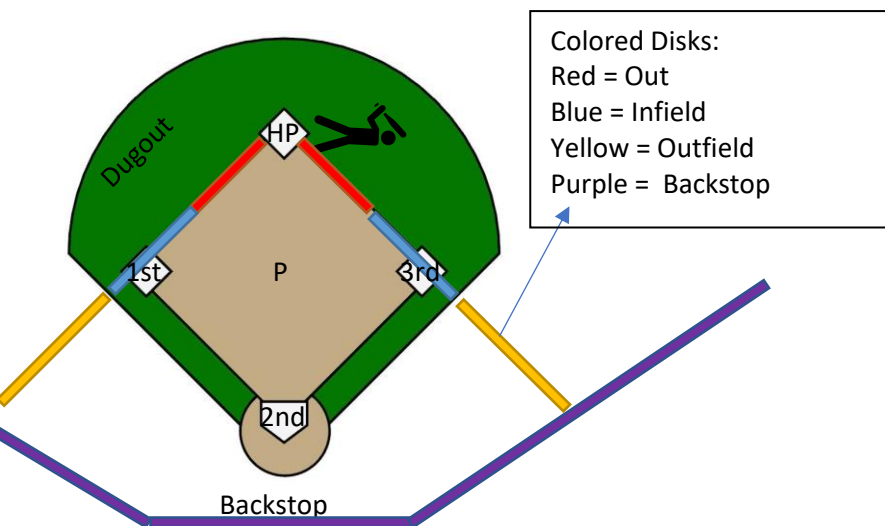


World Series Baseball

Purpose: Hitting and Fielding

Equipment: Bats, colored disks, Rubber Baseballs, Gloves

Set Up: Set-up a triangle of colored disks facing the fence. The triangle should go from the corners of the plate to the fence, so the widest part of the triangle is the fence. Switch colors mid-way to mark the infield and outfield.



Execution:

- Divide players into teams. Have one go to the dug-out while the other spreads out on defense?
- Defensive Team – 3 players from each team are the infielders. They must stay in the infield cone section (even or in front of the infield cones, but behind the coach “pitcher”). The rest of the players are in the outfield. They must stay in the outfield cone section.
- Gameplay is similar to regular baseball, but no running.
- Coach calls up the first batter and pitches them the ball:
 - If the ball is fielded cleanly in the infield, or does not pass the pitcher, it is an out
 - If the ball is **not** fielded cleanly in the infield, it is a single
 - If the ball is fielded cleanly in the outfield, it is a single.
 - If the ball gets through the infield, and is **not** fielded cleanly by the outfield...it is a double
 - If the ball touches the fence off a bounce...it is a triple
 - If the ball hits the fence in the air, or goes over the fence, it is a home run!
- 5 foul ball hits by a single batter is an out. 3 strikes it is an out. 3-outs per inning.
- Switch infielders and outfielders each inning
- Adjust the size of the triangle and infield/outfield cones based on the age of the kids. You want a lot of home-runs in this game, but not so close that it is dangerous for the defense.

Comments:

- Not fielding it cleanly means the ball stops without anyone fielding it, or is bobbled and dropped
- Difference between Over the Line and World Series Baseball:
 - Over the Line:
 - Over the Line uses Whiffle Balls
 - Over the Line uses a Whiffle Ball Bat
 - Over the Line has no Gloves on defense
 - Over the Line is where the ball first hits the ground



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- No Base-Running. Coach Assigns player to a base to indicate where the Baserunners are
- World Series Baseball:
 - Rubber Baseballs
 - Rubber Baseball Bats
 - Baseball Gloves
 - Players must field the ball. The number of bases rewarded depends on where the ball ends up and how cleanly it is fielded (not where it first hits the ground)
 - No Base-Running. For safety reasons, all players return to the dugout after hitting (nobody on the Bases.
 - Hits into Backstop