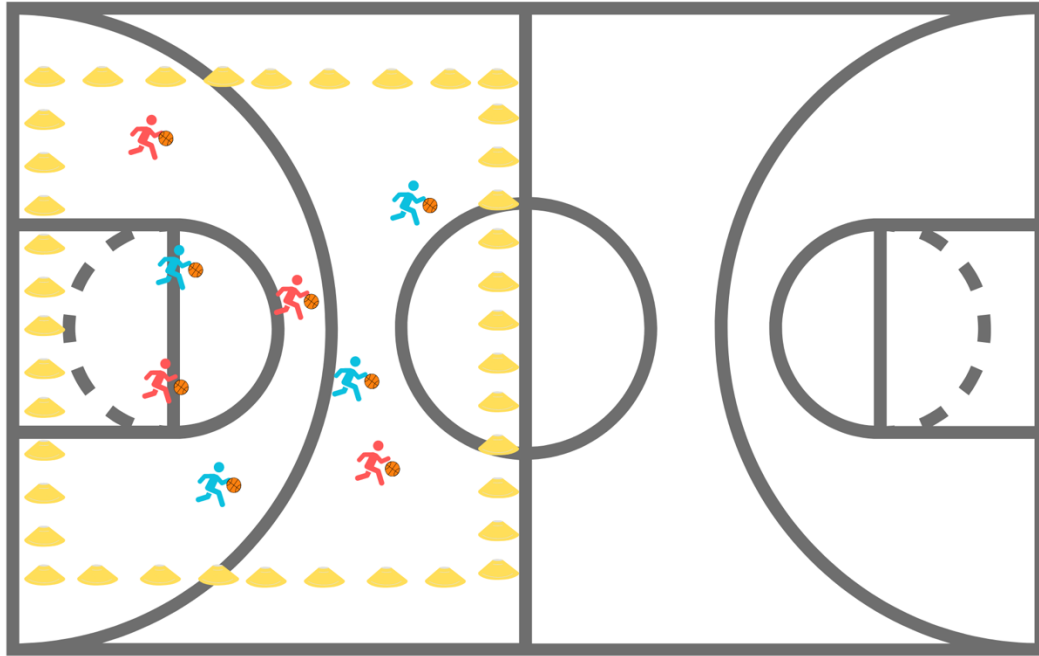


Aliens v Astronauts (Team Dribble Knockout)

Skill Focus: Dribbling, Protecting the ball, Moving without the ball, Bounce and chest passes

Execution: Setup cones on a half court in a large rectangular shape. Separate kids into two teams and everyone starts out with a ball. The coach blows a whistle to start the round and the players will begin dribbling staying within the cones and trying to knock the ball away from the players on the other team to score points. If a player gets their ball knocked away they are not out and can still play as an extra defender or act as a teammate that can receive a pass from another player.



Half Court