

Han and Chewie

Skill Focus: Shooting, Passing, Offense

Execution: Setup 4 cones on a half court (Two on each wing about 2 ft apart). Split kids into pairs and have them start on the wing one at each cone. Timed rounds working with your partner to score as many points as possible.

Round 1: Give and Go layups (Bounce passes)

Round 2: Give and Go shots (Bounce passes)

ADV Variation:

- Dribble handoff into Shots
- Backdoor Cut Layups

