



## MINI-HAWK SOCCER (AGES 4-6)



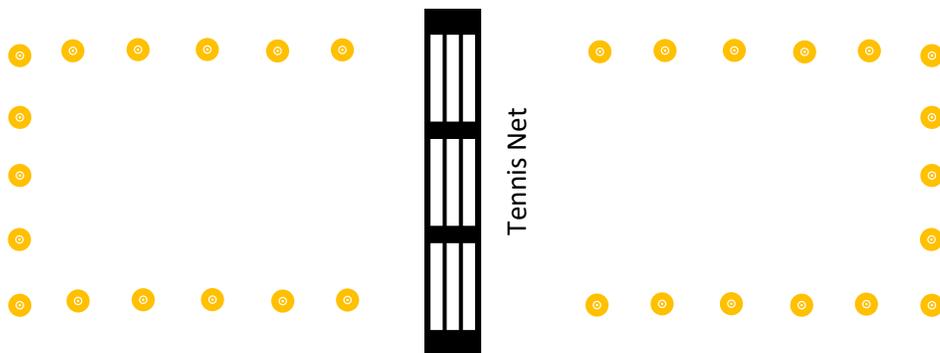
### ACTIVITY REFERENCE GUIDE

#### Wall-E (aka Get Out Of My Yard Soccer):

Purpose: Passing

Equipment: Colored Disks, Tennis Net, Soccer Balls

Set Up: Use Colored disks and portable tennis net (provided) to create two even sized fields with a net separating the two halves!



#### Execution:

1. Introduce passing and its function in the sport. Breakdown how to pass with the inside part of your foot (banana foot). Have all the kids line-up on one of the sidelines and practice passing the ball back and forth with the coach
2. Divide players into teams and assigns each team to 1-half of the yard.
3. Practice Round: Have the player practice passing the ball back and forth. They want to keep the ball on the ground so that it goes UNDER the net. They need to kick it hard enough to make it across, but not so hard that it goes outside the play area. Coach walks around to work on individual skill development
4. Narrate Wall-E Storyline: The players are the Wall-E Robots and their job is to clean up their yard by passing the stinky garbage (soccer balls), to the other teams side of the yard. The team with the cleanest yard at the end of the game is the winner.
5. Players cannot cross onto the other teams side of the yard or leave the field boundary. Players cannot use their hands to pick up and throw the ball. If a ball goes out of bounds behind or to the side of the field, that ball is now out of play for the rest of the game.
6. On the whistle, each team is going to try to kick the ball onto the other teams side of the yard.
7. After 1-minute, the coach blows his/her whistle (freeze hand on your knees) and counts the balls on each side of the field. The team with the fewest balls on their side gets a point for their team.
8. Continue as time permits. Reinforce storyline, technique, game flow, and praise/encouragement throughout game
9. Variation – for older kids make a new rule that if they kick the ball out of bound (behind or to the side of the other teams field), that ball is out for the game as counts as a point against the team who kicked it.
10. Reinforce storyline, technique, game flow, and praise/encouragement throughout game
11. Now put all the players on the same side and play kids vs. coach (Try but make sure they win at the end of the game).
12. Recap Passing and when/why it is used in Soccer