

Volleyball Camp

Teamwork & Technique (ages 8-12)

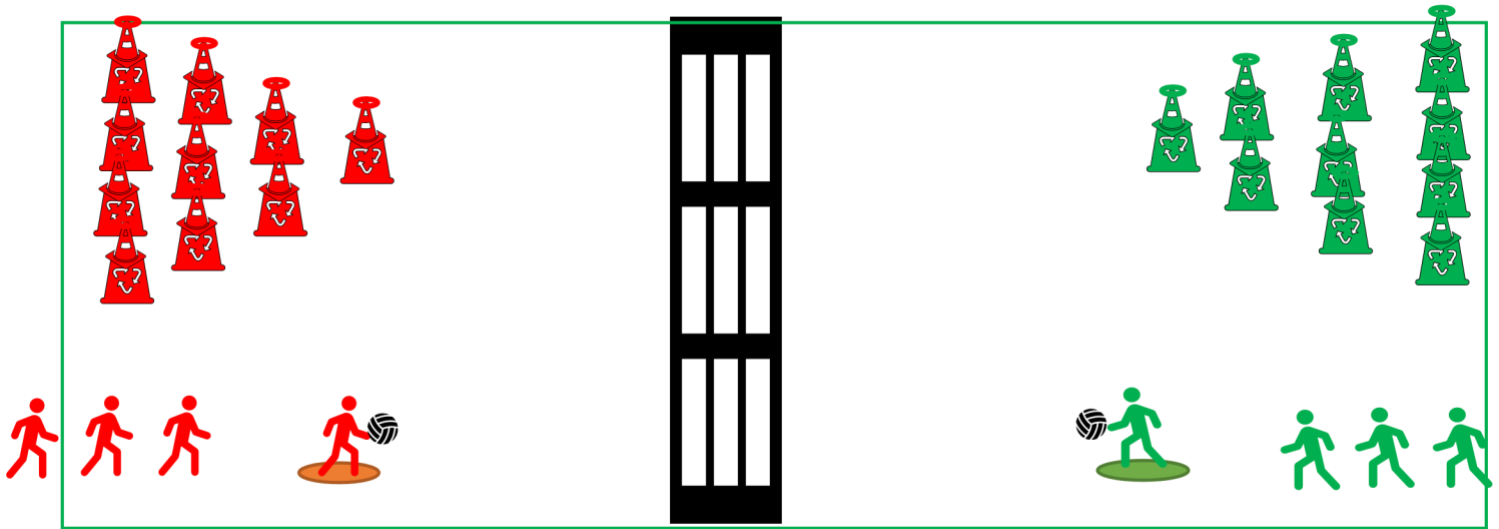
Activity Reference Guide

Pirate Ships

Purpose: Serving or Hitting/Spiking depending on Edition

Equipment: Volleyballs, Volleyball Net

Set Up: Have team standing spots in a vertical line each side of the net. On the opposite side of each court, have the player build 10 Pirate Ships.



Execution:

- Narrate Storyline – Each team is going to try to sink the other team’s Pirate Fleet by Serving the Ball into the Pirate ship and knocking down the sail (i.e. cone)
- Give the first player on each team a Volleyball.
- When coach blows his/her whistle, both players serve the ball into the other team’s fleet.
- Players only get 1-serve then they go to the back of the line
- Coach gives the ball to the next player in line and the game continues.
- First team to destroy the other teams fleet wins that round.
- Switch which side of the court the teams are serving from and continue as time permits.

Variations:

- Serving Edition - As shown above. Player starts with the ball and serve it over the net
- Hitting/Spiking Edition - Coach starts with the ball and sets it to the player who hits/spikes it over the net.