		<u>olleyball Teamwor</u>		
	cuit Allocatior	n Table (aka the CAT)	Ages 7-12	Wednesday
8:00am-8:45am		Pre-C	amp - Coaches Meeting & Set-up Sign-In & Warm-up	
8:45am-9:05am	Coach	Director	Coach 1	Coach 2
	Activity	Check-In	Keep it up	Keep It Up
	Group	All Groups	Red/Green	Blue/Yellow
	Focus	Αιι Οτουρο	Organization & Flow	Organization & Flow
9:05am-9:15am	rocus	Camp Orientation - Camp Rules, Club Cultur	· · ·	
Olobani Olizbani		STATION 1		/ELOPMENT DRILLS/GAMES
9:15am-9:30am	Coach	Director	Coach 1	Coach 2
	Activity	Hitting Technique		Jail Break
	Group	Red/Green	Blue	Yellow
	Focus	Hitting	Hitting	
9:30am-9:45am		STATION 2	SKILL DEVELOPMENT DRILLS/GAMES	
	Coach	Director	Coach 1 Coach 2	
	Activity	Hitting Technique		Jail Break
	Group	Blue/Yellow	Red	Green
	Focus	Hitting		Hitting
9:45am-9:50am			Water Break	
9:50am-10:05am	<u> </u>	STATION 3	SKILL DEV	/ELOPMENT DRILLS/GAMES
	Coach	Director	Coach 1	Coach 2
	Activity	Pepper w/ partner		Pirate Ships
	Group	Red/Green	Blue	Yellow
	Focus	Bumping, Setting, Hitting		Hitting
	 	STATION 4		/ELOPMENT DRILLS/GAMES
40.05 40.00	Coach	Director	Coach 1	Coach 2
10:05am-10:20am	Activity	Pepper w/ partner		Pirate Ships
	Group	Blue/Yellow	Green	Red
10:20am-10:40am	Focus	Bumping, Setting, Hitting	SNACK BREAK	Hitting
10:40am-10:50am	STATION 5 Agility Ladder & Post Snack Set-up			
	Coach	Director	Coach 1	Coach 2
	Activity	Agility Ladder		
	Group	All Groups	Set-Up For Post Snack Games	
	Focus	Double Taps, In/Out (Blocks & Jumps)		
10:50am-11:10am		STATION 6	Sim Scrims & Skill Reinforcement Games	
	Coach	Director	Coach 1	Coach 2
	Activity	King of the Court	Super Smash Tic Tac Toe	
	Group	Red/Green	Blue	Yellow
	Focus	nitting, bumping, Setting & Neceiving	Hitting	
			Sim Scrims & Skill Reinforcement Games	
		STATION 7	Silli Scriilis	
	Coach	STATION 7 Director	Coach 1	Coach 2
11:10am-11:30am	Coach Activity		Coach 1	
11:10am-11:30am		Director King of the Court Blue/Yellow	Coach 1	Coach 2
11:10am-11:30am	Activity	Director King of the Court	Coach 1 Sup	Coach 2 per Smash Tic Tac Toe
	Activity Group	Blue/Yellow	Coach 1 Sup Green Water Break	Coach 2 per Smash Tic Tac Toe Red Hitting
	Activity Group Focus	Director King of the Court Blue/Yellow HILLING, BUILDING, SELLING & RECEIVING STATION 8	Coach 1 Sup Green Water Break CA	Coach 2 Der Smash Tic Tac Toe Red Hitting MP GAME - Bumping
11:30am-11:35am	Activity Group Focus Coach	Blue/Yellow	Coach 1 Sup Green Water Break CAI Coach 1	Coach 2 per Smash Tic Tac Toe Red Hitting
11:30am-11:35am	Activity Group Focus Coach Activity	Director King of the Court Blue/Yellow HILLING, BUILDING, SELLING & RECEIVING STATION 8	Coach 1 Sup Green Water Break CAl Coach 1 Jail Break	Coach 2 Der Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2
11:30am-11:35am	Activity Group Focus Coach Activity Group	Blue/Yellow FILLING, BUILDING, SELLING & RECEIVING STATION 8 Director	Coach 1 Sup Green Water Break Coach 1 Jail Break Blue & Green vs. Red & Yellow	Coach 2 Der Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2
11:30am-11:35am 11:35am-11:55am	Activity Group Focus Coach Activity	Blue/Yellow FILLING, BUILDING, SELLING & RECEIVING STATION 8 Director Bumping,	Coach 1 Sup Green Water Break CAI Coach 1 Jail Break Blue & Green vs. Red & Yellow Hitting, Receiving (Digging) Strategy, F	Coach 2 Der Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2 Respect the ROOTS
11:30am-11:35am 11:35am-11:55am	Activity Group Focus Coach Activity Group	Blue/Yellow FILLING, BUILDING, SELLING & RECEIVING STATION 8 Director Bumping,	Coach 1 Sup Green Water Break Coach 1 Jail Break Blue & Green vs. Red & Yellow Hitting, Receiving (Digging) Strategy, F	Coach 2 Der Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2 Respect the ROOTS
11:30am-11:35am 11:35am-11:55am	Activity Group Focus Coach Activity Group Focus	Blue/Yellow FILLING, BUILDING, SELLING & RECEIVING STATION 8 Director Bumping, Camp Close - F	Coach 1 Sup Green Water Break Coach 1 Jail Break Blue & Green vs. Red & Yellow Hitting, Receiving (Digging) Strategy, F Points, Recap, Special Acknolwdgem Sign-Out	Coach 2 Per Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2 Pespect the ROOTS Pents
11:30am-11:35am 11:35am-11:55am 11:55am-12:00pm	Activity Group Focus Coach Activity Group Focus Coach	Blue/Yellow FIRTHING, BUTTON 8 Director Bumping, Setting a Receiving STATION 8 Director Bumping, Camp Close - F	Coach 1 Sup Green Water Break Coach 1 Jail Break Blue & Green vs. Red & Yellow Hitting, Receiving (Digging) Strategy, F Points, Recap, Special Acknolwdgem Sign-Out Coach 1	Coach 2 Per Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2 Pespect the ROOTS Pents Coach 2
·	Activity Group Focus Coach Activity Group Focus Coach Activity	Blue/Yellow HICCORD & RECEIVING STATION 8 Director Bumping, Camp Close - F	Coach 1 Sup Green Water Break Coach 1 Jail Break Blue & Green vs. Red & Yellow Hitting, Receiving (Digging) Strategy, F Points, Recap, Special Acknolwdgem Sign-Out Coach 1	Coach 2 Der Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2 Coach 2 Coach 2 LINES/TAKE HOME ASSIGNMENT
11:30am-11:35am	Activity Group Focus Coach Activity Group Focus Coach	Blue/Yellow FIRTHING, BUTTON 8 Director Bumping, Setting a Receiving STATION 8 Director Bumping, Camp Close - F	Coach 1 Sup Green Water Break Coach 1 Jail Break Blue & Green vs. Red & Yellow Hitting, Receiving (Digging) Strategy, F Points, Recap, Special Acknolwdgem Sign-Out Coach 1	Coach 2 Per Smash Tic Tac Toe Red Hitting MP GAME - Bumping Coach 2 Pespect the ROOTS Pents Coach 2