



Camp Games (ages 6-14)

Activity Reference Guide



Tic Tac Toe Golf Relay Race

Purpose: Fun, Teamwork, Strategy, Agility

Equipment: Hula Hoops, sports balls (dodgeball, soccer ball, football, kickball, frisbee)

Set Up: Set-up us a Tic Tac Toe Grid using Hula Hoops on one side of the play area. Place 2 colored spots on the other side of the field to mark the team lines. Give each team 1 of each sports ball (Dodgeball, Soccer ball, Football, Javelin, Softball/Baseball, Frisbee).



Execution:

- Practice – Sports Skills (kicking/throwing for power), strategy, rules, scoring.
- Have each team line-up in a single file line behind their starting spot.
- The first person in line gets to choose the sports ball they want to start with.
- On the coaches whistle, both players throw/kick the ball as far as they can. They then run back and tag the next person in line who is standing on the team starting spot. That player then runs down, grabs the ball where it lies, and throws/kicks it towards the tic, tac, toe grid.
- This continues until the ball lands inside one of the Tic Tac Toe hoops.



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- That player then runs back and tags the next person in line who selects the next ball/disc/javelin to throw/kick.
- This continue until one team gets Tic Tac Toe, or the game ends in a tie.
- Players can choose to use the balls/discs/javelin in whatever order they wish, but they only have 1 of each per round.
- Change the starting spot and continue as time permits.
- Reinforce skills, strategy, score, and storyline.
- Continue as time permits.
- Record the final score from all rounds.
- Have teams demonstrate **RESPECTING THE ROOTS!**