



# SOCCER GAMES (AGES 6-11)

## ACTIVITY REFERENCE GUIDE

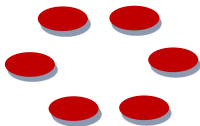


### Jail Break (Soccer Editions)

Purpose: Soccer Passing

Equipment: Colored Spots, Colored Disks, Hula Hoops, Soccer Ball

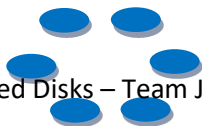
Set Up: Use Hula Hoops to create a target circle. Put down two vertical team lines at an age appropriate distance from the target circle. Use colored disks to create a Team Jail for each team.



Large Colored Spots – Team Lines



Hula Hoops – Target Circle



Colored Disks – Team Jails

### Execution:

- The first player in each line attempts to pass the ball so it lands inside the circle of disks
- **If the ball lands inside the circle** the player is still in the game and goes to the back of the line
- **If the ball lands outside the circle** the player is in jail and must stand on their team's sideline (jail)
- If a team make in 2 shots in a row, it is a jail break and everyone in their team's jail is back in the game
- If an entire team ends up in jail, the game ends, and the other team gets a point for their team.

### Comments:

- For older/more advanced groups, make it 3 shots in a row for a jail break.