

### BB8 vs. R2D2 Challenge (Baseball Edition)

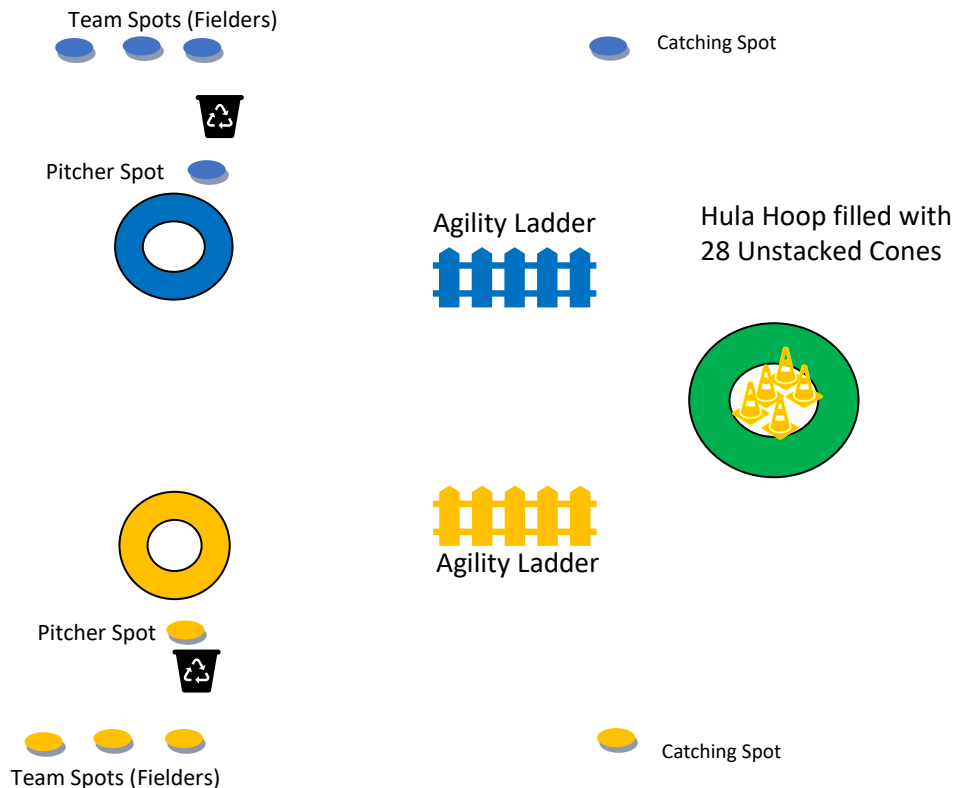
Purpose: Throwing/Catching

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Equipment: Cones, spots, hula hoops, agility ladder

Set Up: (see diagram below)

- Break kids into camp teams and assign each team to a hula hoop (Blue – Team R2D2 and Orange – Team BB8). Put 3 standing spots (Fielders) outside the hoop and one spot on the other side (Pitcher) to show the kids where to stand. Place another spot of their color downfield. This is where the fielders will run to and catch the ball from the Pitcher.
- Approx. 100' away puts 28 cones inside a Green Hula Hoop.



### Execution:

- Coach starts by showing all the players how to build a Giant Rebel Star Ship (see comments)
- Coach then has all players stand on their team's starting spots. 3 players on each team will start as Fielders, one player on each team will start as Pitcher.
- Review/demonstrate proper throwing (elbow back, ball by your ear) and catching (Line Drive)
- QB will grab a ball out of the Ball Bucket. When the coach says "GO" the first fielder will run to the catching spot. The pitcher will throw the ball to the fielder. If the fielder catches the ball while keeping one foot on the spot, he is allowed to take a cone from the hula hoop. The fielder then walks down the ladder, places his cone in his team's hula hoop, and returns to his line. If the fielder does not catch the ball or his feet leave the spot, he must retrieve his ball and return to his team without a cone.
- Each Pitcher will throw to each other player on his team; then he will become a Fielder and a new Pitcher will take his place. If time permits, begin to move the Catching Spot farther away from the Fielder.



## BASEBALL CAMP (AGES 4-11) ACTIVITY REFERENCE GUIDE



- Narrate storyline – The Blue Team is R2D2. The Orange Team is BB8. They have to build a spaceship for their Jedi's (Luke and Rey). The cones in the far hoop/bucket are the scraps they need to build the spaceships.
- Build the StarShips in front of each team's standing spots/tape. Have the kids grab 1-cone and bring it to you. Then tell them where to put it down, carefully!!!
- Once both teams have completed their StarShips, have each player grab a ball and stand in their team line. On coaches whistle, both teams do a chest pass and knock-over the starships. Then have them help you clean them up and get ready for the next station.

### Mini-Hawk/Younger Group Edition:

- Mini-Hawks will not be able to be the Pitchers and Fielders: The coach will need to play Pitcher and throw to the Fielders. Start with the Catching Spot close and move back if skill level permits.

### Comments:

- How to build a Rebel Star Ship:
  - Build a 10-cone triangle base
  - Put 6-cones upside down in the gaps
  - Stand 6-cones on top of the upside-down cones
  - Put 3 cones upside down in the gape
  - Stand 3 cones on top of the upside-down cones
  - Put 1 cone upside down in the gap
  - Put 1 cone on top
  - Put two cones on either side of the base to be the wings.