



# TOT/PRESCHOOL BASEBALL (AGES 3-5) ACTIVITY REFERENCE GUIDE

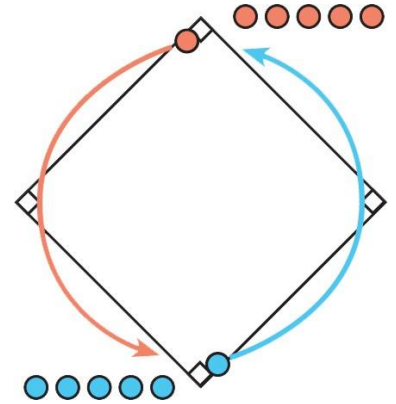


## Base Chase Relay

Purpose: Base-Running

Equipment: Baseballs, Colored Disks, Cones

Set-up: Baseball Diamond with team standing spots on 2<sup>nd</sup> and Home



### Execution:

- Break players into two teams
- One team lines up behind second base. The other team lines up behind home plate
- On the whistle, first player from each team runs all the way around the bases with the Baton (use a Dodgeball for the Baton)
- Second players stand with their foot on the base, ready to run
- When the first player hands the baton to the second player, the second player runs.
- Continue until all players have run
- First team to get all of its players around the bases wins.