



SOCCER CAMP (AGES 5-10)



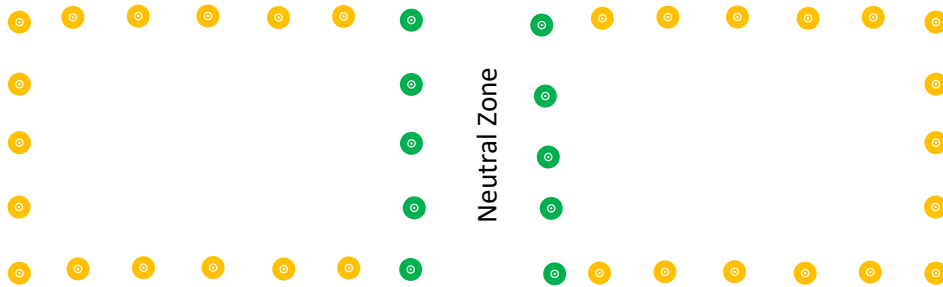
ACTIVITY REFERENCE GUIDE

Wall-E (aka Get Out Of My Yard Soccer):

Purpose: Passing

Equipment: Colored Disks, Soccer Balls

Set Up: Use Colored disks) to create two even sized fields with a NEUTRAL ZONE separating the two sides.



Execution:

1. Introduce passing and its function in the spot. Breakdown how to pass with the inside part of your foot (banana foot). Have all the kids line-up on one of the sidelines and practice passing the ball back and forth with the coach
2. Divide players into teams and assigns each team to 1-half of the yard.
3. Practice Round: Have the player practice passing the ball back and forth. They need to kick it hard enough to make it across the neutral zone, but not so hard that it goes outside the play area. Coach walks around to work on individual skill development
4. Narrate Wall-E Storyline: The players are the Wall-E Robots and their job is to clean up their yard by passing the stinky garbage (soccer balls), to the other teams side of the yard. The team with the cleanest yard at the end of the game is the winner.
5. Players cannot cross onto the other teams side of the yard or leave the field boundary. Players cannot use their hands to pick up and throw the ball. If a ball goes out of bounds behind or to the side of the field, that ball is now out of play for the rest of the game. Only the coach can enter the Neutral Zone to put a ball back in play.
6. On the whistle, each team is going to try to kick the ball onto the other team's side of the yard.
7. After 2-minutes, the coach blows his/her whistle (freeze hand on your knees) and counts the points.
 - a. Teams get 1-point for every ball in play on their side of the yard.
 - b. Teams get 1-point for every ball OUT of play on the other teams side of the yard.
 - c. The team with the FEWEST points WINS that round.
8. Return all balls to the play area and continue as time permits.
9. Reinforce storyline, technique, game flow, and praise/encouragement throughout game.
10. Recap Passing and when/why it is used in Soccer.

Comments:

- For younger players, you may want to take out the OUT OF BOUNDS rule
- For younger players, you can also play kids vs. coaches for the last round.
- If you have a TENNIS Net, you can set that up instead of the Neutral Zone.