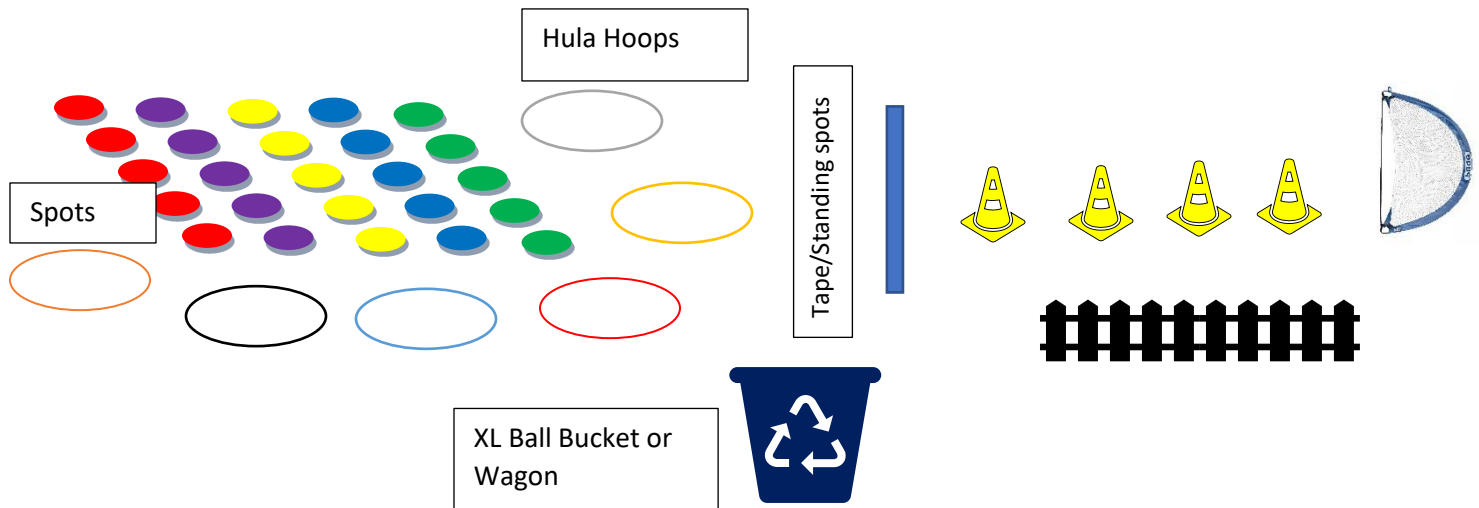


# Treasure Island (Tot Soccer Edition)

Purpose: Dribbling, Shooting

Equipment: Large Spots, Small Spots, Hula Hoops, Tape, Pool Noodles, Hoop, XL Ball Bucket or Wagon,

Set Up: Create the two stations as shown below: 1: Pirate Coins – Large Spots down with matching Hula Hoops on the outside. 2. Agility Ladder - Standing spots/tape line with an Agility Ladder between the line and the hoop. Pool noodles to the side to get the kids back to their team line.



## Execution:

- We are going on a Treasure Quest. We must first collect the Pirate Coins, and then load the treasure onto our Pirate Ship by shooting the Basketballs into the Basketball Hoop.
- Challenge 1 – Pirate Coins: The Large Spots are the Pirate Coins. The Hula Hoops are the Treasure Chests. To collect the Pirate Coins, you must dribble a soccer ball from your hula hoop to a Large Spot (Pirate Coins), trap the ball on the spot, grab the spot, dribble back to your Hula Hoop, and drop the spot in your hoop
- Challenge 2 – Load the Pirate Ship -
  - Now that the Treasure Chest are full, the Pirates can buy their Cannon Balls and load their Pirate Ship.
  - The Coach becomes the banker and he stands next to a the full Ball Wagon/Bucket with a Hula Hoop.
  - When a camper asks for a Soccer Ball, he/she says “It will cost you two blue coin and a red” - You can obviously say any combination you want. The amount of coins you collect needs to be strategic based on the total number of coins and the time allotted.
  - The player grabs the required coins from the chest and give it to the coach. The coach then gives the child a Soccer Ball
  - To load the Pirate Ship the player must dribble the ball through the cones and kick the ball into the net.
  - Once they make the ball in the net, the player crosses the bridge and goes back to the coach as awaits his/her instructions for the next Soccer ball.
- Continue as time permits.\_ Recap dribbling and shooting as a team.